

应用心理学专业培养方案

Undergraduate Program of the Major of Applied Psychology

I. 专业介绍 Introduction

应用心理学专业从 2008 年开始招收四年全日制本科生，授予理学学士学位。2009 年专业获得举办双学位资质。2016 年获得心理学一级硕士学位点。多年积累的成果有力支撑学校“双一流”建设及马列学科的建设。2018 年获建西南交通大学应用心理学微专业。

Undergraduates enrollment for four years' full-time study program in applied psychology began in 2008 and a Bachelor of Science degree is offered. The dual-degree program in applied psychology was approved in 2009. The master program in psychology started in 2016. Its development has promoted the building of “Double First-class” university of SWJTU and the discipline construction of Marxism-Leninism. In 2018, the university began to provide online courses in applied psychology.

应用心理学专业现有教教职工 40 人。其中，教授 3 人，副教授 14 人。教育部全国高等学校心理健康教育专家委员会副秘书长、教育部心理学科类高校教学指导委员会委员 1 人；全国学术组织兼职常委 1 人，青年委员 2 人；四川省一级学会会长、理事长或副理事长 2 人。2009 年成立四川省心理健康教育研究会（四川省一级学会）。

Among the 40 faculty members in applied psychology program, 3 are professors and 14 are associate professors; one is the Deputy Secretary-General of the Expert Committee on Mental Health Education for College Students of the Ministry of Education and member of the Teaching Steering Committee for Psychological Specialty of the Ministry of Education; one is a part-time standing member of the National Academic Association, two are youth members; two are presidents and chairmen or vice chairmen of the first-class society of Sichuan Province. In 2009, the Mental Health Education and Research Association of Sichuan Province (a first-class society of Sichuan Province) was founded here.

经过近 20 年的发展，拥有四川省级心理健康教育实验教学示范中心（2008 年）、全国哲学社会科学普及基地（2009 年）、四川省哲学社会科学重点研究基地“心理健康教育研究中心”（2011 年）、四川省干部心理健康教育研究与培训基地（2012 年）、全国人文社会科学普及基地（2013 年）等平台，2015 年获建“全国高校心理健康教育与咨询示范中心”，形成“心理健康教育”专业亮点，立足交大，示范、辐射、引领全国高校心理健康教育工作。

After nearly 20 years' development, several significant platforms have been successfully built, such as the Experimental Teaching Demonstration Centre of Sichuan Province (psychological health education) (2008), the National Popularity Base of Philosophy and Social Sciences (2009), the Sichuan Provincial Key Research Base of Philosophy and Social Sciences—“the Research Centre for Mental Health Education” (2011), Sichuan Provincial Research and Training Base for Cadres' Mental Health Education (2012) and the National Popularity Base of Humanities and Social Sciences (2013). In 2015, the “National Demonstration Centre for Mental Health Education and Counseling for College Students” was approved to build and then the highlight major of “mental health education” was developed, exerting an influence on and playing demonstrative and leading

roles in the national mental health education in universities.

专业代码: 071102

Major Code: 071102

专业名称: 应用心理学

Major: Applied Psychology

II. 培养目标 Educational Objectives

本专业践行国家“健康中国”、“交通强国”战略，对标“加强社会心理服务体系建设，培育健康心态”的要求，融合“轨道交通”学校办学特色和“心理健康教育”专业亮点，按照“价值塑造、人格养成、能力培养、知识探究”四维一体创新人才的培养体系要求，培养社会担当和健全人格、职业操守和专业才能、人文情怀和科学素养、历史眼光和全球视野、创新精神和批判思维的“五有”交大心理健康服务人才，既了解心理学基本理论和基本知识，掌握心理健康与咨询专业知识与技能，又胜任教育培训、实践活动、咨询服务、预防干预“四位一体”心理健康服务通用能力的应用心理学人才，同时，能在轨道交通行业从事心理健康服务规划、建设与管理工作的应用型人才。

This program implements the strategies of “Healthy China” and “Transportation Power”, following the guiding principle of “strengthening the construction of social psychological service system, cultivating people’s mental health” and integrating with the university’s specialty of “rail transport” and highlights of the major of “mental health education”. In accordance with the requirements of training innovative talents in values, personality, ability and knowledge, it cultivates talents for mental health services with “five couples of qualities”: social responsibility and sound personality, professional ethics and professional skills, humanistic spirit and scientific literacy, historical perspective and global vision, innovative spirit and critical thinking. Meanwhile, it enables students to understand the fundamental theories and concepts of psychology, equips them with professional knowledge and skills in counseling and psychological services, and trains them to be talents with hands-on skills for mental health services including training, practical activities, counseling and prevention and intervention, and for planning, building and managing the mental health service system especially in the field of rail transit.

III. 专业毕业要求 Graduation Requirements

3.1 系统地掌握心理学基础知识和基本理论，了解心理学的发展历史、学科前沿及发展趋势，认识到心理学在国家和社会发展中的重要地位与作用，理解心理健康服务在国家社会治理中的战略性和基础性作用，自觉承担心理学在新时代的历史使命。

Students are required to master the basic knowledge and theories of psychology systematically, know the history, forefronts and development trend of psychology, recognize the significant status and role of psychology in the national and social development, understand the strategic and fundamental effects of mental health services in the national and social governance and consciously undertake the new historical missions of psychology in the new era.

3.2 掌握心理学研究与实验的基本方法、手段和技能，初步具备发现、提出、分析和解决心理学及相关课题的能力，能够独立地完成大学生创新创业训练计划项目、个性化实验项目、毕业论文等实践与研究任务。

Students are required to master the basic methods, skills and techniques of psychological researches and experiments, obtain the ability to preliminarily find, raise, analyze and solve psychological and related problems, independently accomplish tasks, such as the college students' innovation and entrepreneurship training programs, specialized experiment projects and graduate thesis.

3.3 掌握心理学的实证以及相关的统计、测量技术,掌握心理学实验研究设计及常用编程软件、分析方法,能查阅、准确阅读专业文献,能够写作结构完整、格式规范的论文报告。

Students are able to conduct psychological empirical studies and related statistical and psychometric work, develop psychological research designs, operate common psychological programming software and analyze data, consult and understand professional literature and write complete and the format specification of papers.

3.4 具备开展心理健康与咨询服务的知识与技能,了解不同理论学派的理论与技术方法,对异常心理能够初步判断,熟悉咨询过程中的知识和技能,具有职业操守,遵守心理学工作伦理,具备从事心理健康与咨询相关领域工作的基本能力。

Students are equipped with the knowledge and skills essential for counseling and psychological services, able to understand different theories and techniques of different theoretical schools and preliminarily identify mental abnormalities, familiar with the knowledge and skills used in counseling, well-equipped with professional ethics, and qualified to provide counseling and psychological services as well as related services with proper work ethics.

3.5 具备参与社会心理健康服务的知识与技能,熟悉并能制定构建心理健康服务平台与网络的方案,掌握开展心理健康知识科普宣传、培训的主要方式,具备开展心理咨询与辅导及心理健康管理的基本能力。

Students are equipped with the knowledge and skills essential for social psychological services, be familiar with and be able to: make plans to build mental health services platform or network, master the main methods to conduct the popularization and training of mental health knowledge and have the basic ability to provide psychological counseling and mental health management services.

3.6 人文关怀与科学素养并重,并具有跨学科视野,具有与心理学相关的人文社会科学、数学、信息科学、生命科学(特别是脑神经科学、神经生物学)等方面的相关知识。

Students are equipped with humanistic spirit, scientific literacy and an interdisciplinary vision, equipped with relevant knowledge in fields related to psychology, such as humanities and social sciences, mathematics, information science and life sciences (especially brain science and neurobiology).

3.7 具有历史眼光和国际视野,基本掌握1门外语,能在教师指导下阅读英文专业文献,能够快速获取、加工和应用国际心理学领域及相关领域的最新信息,积极参与游学活动,能够顺畅地进行跨文化交流,具备学术竞争潜力与合作能力。

Students are equipped with historical perspective and global vision, a basic command of a foreign language, such as reading English academic literature under guidance, quickly obtaining, processing and applying the latest information in the field of international psychology and related fields, actively participating in academic exchanges, carrying out cross-cultural communication and academic cooperation efficiently.

3.8 具有创新精神和批判思维,初步具备自主学习、自我发展的能力,具有较强的学习、表达、交流和协调能力及团队合作精神、健全人格。

Students are equipped with innovative spirit and critical thinking, with preliminary abilities for independent learning and self-development, with great abilities in learning, expressing,

communication and coordination; and with team spirit and sound personalities.

3.9 依托应用心理学专业建设平台和实习基地, 积极参与心理健康服务, 着重锤炼教育培训、平台建设、实践活动、咨询服务、预防干预等心理健康服务通用能力, 以及在交通行业从事心理健康服务规划、建设与管理工作的能力。

Students can make full use of the professional teaching platform and the practice center of applied psychology, actively participate in mental health services. They are equipped with the essential abilities to provide mental health services such as training, platform construction, practical activities, counseling, and prevention and intervention, as well as the abilities to plan, build and manage the mental health services system especially in the field of rail transit.

IV. 学制与学位 Duration and Degree

学制: 4

Duration: 4

学位: 理学

Degree: Bachelor of Science(B.S.)

V. 主干学科与主干课程 Main Subject and Main Course

主干学科: 心理学

Main Subject: Psychology

主干课程: 心理学导论I、心理学导论II、生理心理学、心理学史、心理学研究方法、心理统计学、SPSS 操作及其应用、实验心理学、心理测量学、人格心理学、发展心理学、社会心理学、认知心理学、教育心理学、咨询心理学、变态心理学、交通与安全心理学。

Main Course: General PsychologyI, General PsychologyII, Biological Psychology, History of Psychology, Research Methods in Psychology, Psychological Statistics, SPSS Operation and Application, Experimental Psychology, Psychometric, Personality Psychology, Developmental Psychology, Social Psychology, Cognitive Psychology, Educational Psychology, Counseling Psychology, Abnormal Psychology, Traffic and Safety Psychology.

VI. 毕业学分基本要求 Basic Requirements of Credits for Graduation

课程体系 Curriculum System		学分要求 Credits Requirements						
		必修 Compulsory		限修 Distributional Electives		选修 Free Electives		小计 Subtotal
公共基础课程 Public Basic Courses	思想政治类 Ideological Politics Courses	15	2					17
	军事类 Military Courses	2	2					4
	外语类 Foreign Language Courses	6		2				8
	体育类 Physical Education Courses		4					4

通识教育课程 General Education Courses	核心通识课 Core General Education Courses			8				8
	新生研讨课 Freshman Seminar	1	1					2
学科与专业基础课程（含实验） Discipline and Specialty Foundational Courses(Including Experiment)	数学与自然科学基础课 Foundational Courses on Mathematics and Natural Science	9	2					11
	专业基础课 Professional Foundational Courses	27	16					43
专业课程（含实验） Specialized Courses (Including Experiment)	专业核心课程 Specialized Core Course	17.5	14.5					32
	专业限修课程 Specialized Restricted Courses			6	6			12
实习实践教学 Practice Courses	基本技能训练、实习实训、综合课程设计、社会与文化素质实践、毕业实习与毕业设计 Basic Skills Training, Practical Training, Integrated Curriculum Design, Social and Cultural Quality Practice, Graduation Internship and Graduation Design		13					13
多元化课程 Diversified Courses	跨学科课程、美育专业类课程、学科竞赛类课程、其它个性化选修课程等 Interdisciplinary Courses, Aesthetic Education Courses, Subject Competition Courses, other Personalized Elective Courses, etc			4				4
创新创业实践 Innovation and Entrepreneurship Practice	创新创业训练计划项目、个性化实验、学科竞赛、创新讲座等 Innovation and Entrepreneurship Training Program, Personalized Experiments, Subject Competition, Innovation Lectures, etc		2					2

必修环节 A Compulsory Part	大学生综合素质提升、学生体质达标测评 Comprehensive Quality Improvement Courses for College Students, Assessment of Students' Physical Fitness							0
总 计 Total								160

VII.课程设置细化表 Course Programs Table

公共基础课程 Public Basic Courses 共 33 学分，其中必修 31 学分，限修 2 学分，选修 0 学分 A total credits of 33, including 31 for compulsory courses, 2 for distributional electives and 0 for free electives								
课程类型 Course Type	课程名称 Course Name	课程性质 Nature of Course	总学分 Credits	课内实践学分 In-class Practice Credits	开课学期 Semester	开课学院 School	支撑毕业要求 指标点 Indicators which Support Graduation Requirements	备注 Notes
思想政治类 Ideological Politics Courses	思想道德与法治 Ideological and Moral Education and the Rule of Law	必修 Compulsory	3	0.4	第 1 学期 1St Semester	马克思主义学院 School of Marxism	3.6	
	中国近现代史纲要 Conspectus of Chinese Modern History	必修 Compulsory	3	0.4	第 2 学期 2Nd Semester	马克思主义学院 School of Marxism	3.1, 3.6	
	马克思主义基本原理 The Basic Principles of Marxism	必修 Compulsory	3	0.4	第 3 学期 3Rd Semester	马克思主义学院 School of Marxism	3.6	
	毛泽东思想和中国特色社会主义理论体系概论 Introduction to Mao Zedong Thought and Theoretical System of Socialism with Chinese Characteristics	必修 Compulsory	3	0.4	第 5 学期 5Th Semester	马克思主义学院 School of Marxism	3.6	
	习近平新时代中国特色社会主义思想概论 Outline of Xi Jinping Thought on Socialism with Chinese Characteristics for a New Era	必修 Compulsory	3	0.4	第 6 学期 6Th Semester	马克思主义学院 School of Marxism	3.6	
	形势与政策 I Situation and Policy I	必修 Compulsory	0	0	第 1 学期 1St Semester	马克思主义学院 School of Marxism	3.1, 3.6	
	形势与政策II Situation and Policy II	必修 Compulsory	0	0	第 2 学期 2Nd Semester	马克思主义学院 School of Marxism	3.1, 3.6	
	形势与政策III Situation and Policy III	必修 Compulsory	0	0	第 3 学期 3Rd Semester	马克思主义学院 School of Marxism	3.1, 3.6	

思想政治类 Ideological Politics Courses	形势与政策IV Situation and Policy IV	必修 Compulsory	0	0	第 4 学期 4Th Semester	马克思主义 学院 School of Marxism	3.1, 3.6	
	形势与政策 V Situation and Policy V	必修 Compulsory	0	0	第 5 学期 5Th Semester	马克思主义 学院 School of Marxism	3.1, 3.6	
	形势与政策VI Situation and Policy VI	必修 Compulsory	0	0	第 6 学期 6Th Semester	马克思主义 学院 School of Marxism	3.1, 3.6	
	形势与政策VII Situation and Policy VII	必修 Compulsory	0	0	第 7 学期 7Th Semester	马克思主义 学院 School of Marxism	3.1, 3.6	
	形势与政策VIII Situation and Policy VIII	必修 Compulsory	2	0	第 8 学期 8Th Semester	马克思主义 学院 School of Marxism	3.1, 3.6	
军事类 Military Courses	军事理论 Military Theories	必修 Compulsory	2	0	第 1 学期 1St Semester	武装部 Security Office	3.6	
	军事技能 Military Skills	必修 Compulsory	2	2	短 1 学期 Short Semester 1	武装部 Security Office	3.6	
外语类 Foreign Language Courses	英语 I College English I	必修 Compulsory	2	0	第 1 学期 1St Semester	外国语学院 School of Foreign languages	3.6, 3.7	
	英语II College English II	必修 Compulsory	2	0	第 2 学期 2Nd Semester	外国语学院 School of Foreign languages	3.6, 3.7	
	通用学术英语 English for General Academic Purposes	必修 Compulsory	2	0	第 3 学期 3Rd Semester	外国语学院 School of Foreign languages	3.6, 3.7	
	职场英语 Workplace English	限修 Distributional Elective	2	0	第 4 学期 4Th Semester	外国语学院 School of Foreign languages	3.6, 3.7	限选 1 门, 2 学分 Limited to 1 course, 2 credits
	交际与文化视听说 Viewing, Listening & Speaking in English -- Communication & Culture							
	语言、文化与翻译 Language, Culture and Translation							
	英语公共演讲 Public Speaking in English							
体育类 Physical Education Courses	体育 I Physical Education I	必修 Compulsory	1	1	第 1 学期 1St Semester	体育工作部 Dept. of Physical Education	3.6	
	体育II Physical Education II	必修 Compulsory	1	1	第 2 学期 2Nd Semester	体育工作部 Dept. of Physical Education	3.6	
	体育III Physical Education III	必修 Compulsory	0.5	0.5	第 3 学期 3Rd Semester	体育工作部 Dept. of Physical Education	3.6	

体育类 Physical Education Courses	体育IV Physical Education IV	必修 Compulsory	0.5	0.5	第 4 学期 4Th Semester	体育工作部 Dept. of Physical Education	3.6	
	体育健康课程 I Diversified Physical Education Courses I	必修 Compulsory	0.5	0.5	第 5 学期 5Th Semester	体育工作部 Dept. of Physical Education	3.6	
	体育健康课程II Diversified Physical Education Courses II	必修 Compulsory	0.5	0.5	第 6 学期 6Th Semester	体育工作部 Dept. of Physical Education	3.6	
通识教育课程 General Education Courses 共 10 学分，其中必修 2 学分，限修 8 学分，选修 0 学分 A total credits of 10, including 2 for compulsory courses, 8 for distributional electives and 0 for free electives								
课程类型 Course Type	课程名称 Course Name	课程性质 Nature of Course	总学分 Credits	课内实践学分 In-class practice credits	开课学期 Semester	开课学院 School	支撑毕业要求 指标点 Indicators which Support Graduation Requirements	备注 Notes
核心通识课 Core General Education	“交通天下”通识课程 General Studies on Transportation	限修 Distributional Elective	8		2-8 学期 2-8 Semester	全校 The whole school	3.1,3.6,3.8	
新生研讨课 Freshman Seminar	心理世界探秘 Toward Psychological World	必修 Compulsory	2	1	第 1 学期 1St Semester	心理研究与 咨询中心 Center of Psychological Research and Counseling	3.1,3.2,3.6, 3.8	
学科与专业基础课程 Discipline and Specialty foundational Courses 共 54 学分，其中必修 54 学分，限修 0 学分，选修 0 学分 A total credits of 54, including 54 for compulsory courses, 0 for distributional electives and 0 for free electives								
课程类型 Course Type	课程名称 Course Name	课程性质 Nature of Course	总学分 Credits	课内实践学分 In-class practice credits	开课学期 Semester	开课学院 School	支撑毕业要求 指标点 Indicators which Support Graduation Requirements	备注 Notes
数学与自然科学 基础课 Foundational Courses on Mathematics and Natural Science	计算机程序设计基础 Fundamentals of Computer Programming	必修 Compulsory	3	1	第 1 学期 1St Semester	计算机与人工智能学院 School of Computing and Artificial Intelligence	3.3,3.6	
	微积分初步 Elementary Calculus	必修 Compulsory	3	0	第 1 学期 1St Semester	数学学院 School of Mathematics	3.3,3.6	
	应用统计 Applied Statistics	必修 Compulsory	3	0	第 2 学期 2Nd Semester	数学学院 School of Mathematics	3.3,3.6	
	神经解剖学 Neuroanatomy	必修 Compulsory	2	1	第 1 学期 1St Semester	心理研究与 咨询中心 Center of Psychological Research and Counseling	3.3,3.6	
专业基础课 Professional Foundational Courses	心理学导论I General Psychology I	必修 Compulsory	3	0.5	第 1 学期 1St Semester	心理研究与 咨询中心 Center of Psychological Research and Counseling	3.1,3.2,3.6	

专业基础课 Professional Foundational Courses	心理学史 History of Psychology	必修 Compulsory	3	1	第 1 学期 1St Semester	心理研究与 咨询中心 Center of Psychological Research and Counseling	3.1,3.2,3.6, 3.7	
	心理学导论II General Psychology II	必修 Compulsory	2	0.5	第 2 学期 2Nd Semester	心理研究与 咨询中心 Center of Psychological Research and Counseling	3.1,3.2,3.6	
	生理心理学 Biological Psychology	必修 Compulsory	2	1	第 2 学期 2Nd Semester	心理研究与 咨询中心 Center of Psychological Research and Counseling	3.3,3.6	
	心理学研究方法 Research Methods in Psychology	必修 Compulsory	3	1	第 2 学期 2Nd Semester	心理研究与 咨询中心 Center of Psychological Research and Counseling	3.2,3.3,3.6, 3.7,3.8	
	心理统计学 Psychological Statistics	必修 Compulsory	3	1	第 2 学期 2Nd Semester	心理研究与 咨询中心 Center of Psychological Research and Counseling	3.2,3.3,3.8	
	人格心理学 Personality Psychology	必修 Compulsory	3	1	第 2 学期 2Nd Semester	心理研究与 咨询中心 Center of Psychological Research and Counseling	3.2,3.3,3.4, 3.6,3.8	
	发展心理学 Development Psychology	必修 Compulsory	3	1	第 2 学期 2Nd Semester	心理研究与 咨询中心 Center of Psychological Research and Counseling	3.2,3.3,3.4, 3.6,3.8	
	SPSS 操作及应用 SPSS Operation and Application	必修 Compulsory	2	1	第 3 学期 3Rd Semester	心理研究与 咨询中心 Center of Psychological Research and Counseling	3.2,3.3,3.8	
	实验心理学 Experimental Psychology	必修 Compulsory	3	2	第 3 学期 3Rd Semester	心理研究与 咨询中心 Center of Psychological Research and Counseling	3.2,3.3,3.6, 3.7,3.8	
	实验心理学实验 Classical Experiment in Psychology	必修 Compulsory	2	1	第 3 学期 3Rd Semester	心理研究与 咨询中心 Center of Psychological Research and Counseling	3.2,3.3,3.6, 3.7,3.8	
	心理测量学 Psychometric	必修 Compulsory	3	1	第 3 学期 3Rd Semester	心理研究与 咨询中心 Center of Psychological Research and Counseling	3.2,3.3,3.8	

专业基础课 Professional Foundational Courses	教育心理学 Educational Psychology	必修 Compulsory	3	1	第 3 学期 3Rd Semester	心理研究与 咨询中心 Center of Psychological Research and Counseling	3.2,3.3,3.4, 3.6,3.8	
	社会心理学 Social psychology	必修 Compulsory	3	1	第 3 学期 3Rd Semester	心理研究与 咨询中心 Center of Psychological Research and Counseling	3.2,3.3,3.4, 3.6,3.8	
	认知心理学 Cognitive Psychology	必修 Compulsory	3	1	第 4 学期 4Th Semester	心理研究与 咨询中心 Center of Psychological Research and Counseling	3.2,3.3,3.4, 3.6,3.8	
	情绪心理学 Emotional Psychology	必修 Compulsory	2	1	第 4 学期 4Th Semester	心理研究与 咨询中心 Center of Psychological Research and Counseling	3.2,3.3,3.4, 3.6,3.8	
专业课程 Specialized Courses 共 44 学分，其中必修 32 学分，限修 12 学分，选修 0 学分 A total credits of 44, including 32 for compulsory courses, 12 for distributional electives and 0 for free electives								
课程类型 Course Type	课程名称 Course Name	课程性质 Nature of Course	总学分 Credits	课内实 践学分 In-class practice credits	开课学期 Semester	开课学院 School	支撑毕业要求 指标点 Indicators which Support Graduation Requirements	备注 Notes
专业核心课程 Specialized Core Course	变态心理学 Abnormal Psychology	必修 Compulsory	3	1	第 3 学期 3Rd Semester	心理研究与 咨询中心 Center of Psychological Research and Counseling	3.4,3.5,3.6, 3.8,3.9	
	咨询心理学 Counseling Psychology	必修 Compulsory	2	1	第 3 学期 3Rd Semester	心理研究与 咨询中心 Center of Psychological Research and Counseling	3.4,3.5,3.6, 3.8,3.9	
	交通与安全心理学 Traffic and Safety Psychology	必修 Compulsory	2	1	第 4 学期 4Th Semester	心理研究与 咨询中心 Center of Psychological Research and Counseling	3.4,3.5,3.6, 3.8,3.9	
	心理咨询技能训练 Psychological Counseling Skills Training	必修 Compulsory	2	1	第 4 学期 4Th Semester	心理研究与 咨询中心 Center of Psychological Research and Counseling	3.4,3.5,3.6, 3.8,3.9	
	灾难心理学 Disaster Psychology	必修 Compulsory	2	1	第 4 学期 4Th Semester	心理研究与 咨询中心 Center of Psychological Research and Counseling	3.6,3.8,3.9	

专业核心课程 Specialized Core Course	心理健康教育概论 Introduction to Mental Health Education	必修 Compulsory	2	1	第 4 学期 4Th Semester	心理研究与 咨询中心 Center of Psychological Research and Counseling	3.4,3.5,3.6, 3.8,3.9	
	组织行为学 Organizational Behavior	必修 Compulsory	2	1	第 4 学期 4Th Semester	心理研究与 咨询中心 Center of Psychological Research and Counseling	3.5,3.6,3.8, 3.9	
	认知行为疗法 Cognitive Behavioral Therapy	必修 Compulsory	2	1	第 4 学期 4Th Semester	心理研究与 咨询中心 Center of Psychological Research and Counseling	3.4,3.5,3.8, 3.9	
	职业生涯辅导 Career Development and Counseling	必修 Compulsory	2	0.5	第 4 学期 4Th Semester	心理研究与 咨询中心 Center of Psychological Research and Counseling	3.4,3.5,3.8, 3.9	
	心理学工作伦理 Psychological Working Ethics	必修 Compulsory	2	1	第 5 学期 5Th Semester	心理研究与 咨询中心 Center of Psychological Research and Counseling	3.4,3.5,3.8, 3.9	
	团体心理辅导 Group Counseling	必修 Compulsory	2	1	第 5 学期 5Th Semester	心理研究与 咨询中心 Center of Psychological Research and Counseling	3.4,3.5,3.8, 3.9	
	心理危机干预 Psychological Crisis Intervention	必修 Compulsory	1	0.5	第 5 学期 5Th Semester	心理研究与 咨询中心 Center of Psychological Research and Counseling	3.4,3.5,3.8, 3.9	
	健康与社区心理学 Health and Community Psychology	必修 Compulsory	2	1	第 5 学期 5Th Semester	心理研究与 咨询中心 Center of Psychological Research and Counseling	3.4,3.5,3.8, 3.9	
	心理健康教育实验训练 Training of Experimental Skills for Mental Health Education	必修 Compulsory	1	0.5	第 5 学期 5Th Semester	心理研究与 咨询中心 Center of Psychological Research and Counseling	3.4,3.5,3.8, 3.9	
	心理学专业英语 Specialized English in Psychology	必修 Compulsory	2	0.5	第 5 学期 5Th Semester	心理研究与 咨询中心 Center of Psychological Research and Counseling	3.4,3.5,3.7, 3.8,3.9	

专业核心课程 Specialized Core Course	青少年心理辅导 Adolescent Psychological Counseling	必修 Compulsory	2	1	第 6 学期 6Th Semester	心理研究与 咨询中心 Center of Psychological Research and Counseling	3.4,3.5,3.8, 3.9	
	心理学英语论文写作 Psychological English Academic Writing	必修 Compulsory	1	0.5	第 6 学期 6Th Semester	心理研究与 咨询中心 Center of Psychological Research and Counseling	3.4,3.5,3.8, 3.9	
专业限修课程 Specialized Restricted Courses	表达性艺术疗法 Expressive Art Therapy	限修 Distributional Elective	2	1	第 5 学期 5Th Semester	心理研究与 咨询中心 Center of Psychological Research and Counseling	3.4,3.5,3.8, 3.9	限修课程至少 12 学分。 At least 12 credits for distributional elective courses.
	心理学编程技能 The Programming of Psychology Experiments	限修 Distributional Elective	2	1		心理研究与 咨询中心 Center of Psychological Research and Counseling	3.4,3.5,3.8, 3.9	
	心理评估与会谈 Psychological Evaluation and Interview	限修 Distributional Elective	2	1		心理研究与 咨询中心 Center of Psychological Research and Counseling	3.4,3.5,3.8, 3.9	
	心理健康促进与普及 Promotion and Popularization of Mental Health	限修 Distributional Elective	1	0.5		心理研究与 咨询中心 Center of Psychological Research and Counseling	3.4,3.5,3.8, 3.9	
	心理学大数据分析 Big Data Analysis in Psychology	限修 Distributional Elective	1	0.5		心理研究与 咨询中心 Center of Psychological Research and Counseling	3.4,3.5,3.8, 3.9	
	短程焦点治疗技术 Solution Focused Brief Therapy	限修 Distributional Elective	1	0.5	第 6 学期 6Th Semester	心理研究与 咨询中心 Center of Psychological Research and Counseling	3.4,3.5,3.8, 3.9	
	认知神经科学研究技术 Cognitive Neuroscience Research Techniques	限修 Distributional Elective	2	1		心理研究与 咨询中心 Center of Psychological Research and Counseling	3.4,3.5,3.8, 3.9	
	心理档案管理系统的开发与应用 Development and Application of Psychological Archives Management System	限修 Distributional Elective	1	0.5		心理研究与 咨询中心 Center of Psychological Research and Counseling	3.4,3.5,3.8, 3.9	

专业限修课程 Specialized Restricted Courses	社会支持与国家政策 Social Support and Public Policy	限修 Distributional Elective	1	0.5	第 7 学期 7Th Semester	心理研究与 咨询中心 Center of Psychological Research and Counseling	3.4,3.5,3.8, 3.9	
	家庭治疗技术 Skills in Family Therapy	限修 Distributional Elective	1	0.5		心理研究与 咨询中心 Center of Psychological Research and Counseling	3.4,3.5,3.8, 3.9	
	精神分析疗法 Psychoanalytic Therapies	限修 Distributional Elective	1	0.5		心理研究与 咨询中心 Center of Psychological Research and Counseling	3.4,3.5,3.8, 3.9	
	积极心理学与治疗技术 Positive Psychology and Therapeutic Skills	限修 Distributional Elective	1	0.5		心理研究与 咨询中心 Center of Psychological Research and Counseling	3.4,3.5,3.8, 3.9	

**实习实践教学
Practice Course**

共 13 学分，其中必修 13 学分，限修 0 学分，选修 0 学分

A total credits of 13, including 13 for compulsory courses, 0 for distributional electives and 0 for free electives

课程类型 Course Type	课程名称 Course Name	课程性质 Nature of Course	总学分 Credits	课内实 践学分 In-class practice credits	开课学期 Semester	开课学院 School	支撑毕业要求 指标点 Indicators which Support Graduation Requirements	备注 Notes
基本技能训练、 实习实训、综合 课程设计、社会 与文化素质实 践、毕业实习与 毕业设计 Basic Skills Training, Practical Training, Integrated Curriculum Design, Social and Cultural Quality Practice, Graduation Internship and Graduation Design	工程训练 C Engineering Training C	必修 Compulsory	1	1	短 1 学期 Short Semester 1	工程训练中心 Engineering Training Center	3.6,3.8	
	专业实习与社会调查 Professional Practice and Social Investigation	必修 Compulsory	2	2	短 2 学期 Short Semester 2	心理研究与 咨询中心 Center of Psychological Research and Counseling	3.5,3.6,3.8, 3.9	
	社会实践与心理健康服 务 Social Practice and Psychological Health Services	必修 Compulsory	2	2	短 3 学期 Short Semester 3	心理研究与 咨询中心 Center of Psychological Research and Counseling	3.5,3.6,3.8, 3.9	
	毕业论文 Undergraduate Thesis	必修 Compulsory	8	8	第 8 学期 8Th Semester	心理研究与 咨询中心 Center of Psychological Research and Counseling	3.5,3.6,3.7, 3.8,3.9	

多元化课程 Diversified course 共 4 学分，其中必修 0 学分，限修 4 学分，选修 0 学分 A total credits of 4, including 0 for compulsory courses, 4 for distributional electives and 0 for free electives								
课程类型 Course Type	课程名称 Course Name	课程性质 Nature of Course	总学分 Credits	课内实践学分 In-class practice credits	开课学期 Semester	开课学院 School	支撑毕业要求 指标点 Indicators which Support Graduation Requirements	备注 Notes
跨学科课程 Interdisciplinary Course	交通社会与心理学 Traffic Society and Psychology	限修 Distributional Elective	2	1	第 5 学期 5Th Semester	心理研究与 咨询中心 Center of Psychological Research and Counseling	3.5,3.6,3.8	
个性化选修课程 Personalized Elective Courses	多元文化与心理学 Multiculturalism and Psychology	限修 Distributional Elective	2	1	第 6 学期 6Th Semester	心理研究与 咨询中心 Center of Psychological Research and Counseling	3.5,3.6,3.8	
创新创业实践 Innovation and Entrepreneurship Practice 共 2 学分，其中必修 2 学分，限修 0 学分，选修 0 学分 A total credits of 2, including 2 for compulsory courses, 0 for distributional electives and 0 for free electives								
课程类型 Course Type	课程名称 Course Name	课程性质 Nature of Course	总学分 Credits	课内实践学分 In-class practice credits	开课学期 Semester	开课学院 School	支撑毕业要求 指标点 Indicators which Support Graduation Requirements	备注 Notes
创新创业训练计划项目、个性化实验、学科竞赛、创新讲座等 Innovation and Entrepreneurship Training Program, Personalized Experiments, Subject Competition, Innovation Lectures, etc	课外创新实践 Extracurricular Innovation Practice	必修 Compulsory	2	2	3-7 学期 3-7 Semester	心理研究与 咨询中心 Center of Psychological Research and Counseling	3.6,3.8	按照《西南交通大学创新实践学分认定与管理办法》规定执行 By Credit Recognition and Management of Innovative Practice in Southwest Jiaotong University
必修环节 A compulsory part 共 0 学分，其中必修 0 学分，限修 0 学分，选修 0 学分 A total credits of 0, including 0 for compulsory courses, 0 for distributional electives and 0 for free electives								
课程类型 Course Type	课程名称 Course Name	课程性质 Nature of Course	总学分 Credits	课内实践学分 In-class practice credits	开课学期 Semester	开课学院 School	支撑毕业要求 指标点 Indicators which Support Graduation Requirements	备注 Notes

大学生综合素质提升、学生体质达标测评 Comprehensive Quality Improvement Courses for College Students, Assessment of Students' Physical Fitness	大学生综合素质提升 (第二、第三课堂) Comprehensive Quality Improvement Courses for College Students (The Second and Third Classroom)	必修 Compulsory	0	0	1-8 学期 1-8 Semester	校团委 Communist Youth League Committee	3.6,3.8	
	学生体质达标测评 Assessment of Students' Physical Fitness	必修 Compulsory	0	0	秋季学期 fall Semester	体育工作部 Dept. of Physical Education	3.6,3.8	
学分总计 Total Credits				160				